



43th Annual Conference of The
Association of Physicians of India - UP Chapter

UP APICON 2026

Theme: Precision, Prevention and Progress in Internal Medicine

26th – 27th September 2026

Venue: Hotel Lemon Tree & Gokul Dham Banquet Hall, Rohaniya, Varanasi

Organised by:

Department of General Medicine, Institute of Medical Sciences,
Banaras Hindu University

Scientific Program

ORGANISING COMMITTEE



Dr Sanjay Tandon
Chairman - UP API



Dr Richa Giri
Chairman Elect - UP API



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Dr. Arun Kumar Singh
Treasurer

DAY 1 HALL A 26th September 2026 (Saturday)			
Time	Topic	Speaker	Chairperson
8:00 AM Onwards	Registration and Welcome Note		
8:00 - 9:00 AM	PG QUIZ (Deeptanshu Vedant Gupta Award)		Dr Ambuj Yadav
9:00 - 10:20 AM	SESSION 1-CARDIOMETABOLIC SESSION		
9:00 - 9:20 AM	Correct dietary advice to diabetics, Can it be really that simple?	Dr Sharad Kumar Mathur	Dr M K Yadav Dr Nirupam Prakash Dr Abhay Srivastava Dr Hemali Dr Deepak Bhagchandani
9:20 - 9:40 AM	Rare Lipid Disorder	Dr Madhur Yadav	Dr B K Singh Dr Anubha Srivastav Dr Virendra Verma Dr A k kapoor Dr Kunal Sahai
9:40 - 10:00 AM	Unlocking Healthier Outcomes: Semaglutide Beyond the Scale	Dr Madhukar Mittal	Dr A K tandon Dr Ajay Kumar Dr Bhupendra Verma Dr Shiv Singh Meena
10:00 - 10:20 AM	Approach to Heart Failure	Dr Jyotirmoy Pal	Dr Madhukar Rai Dr Abha Gupta Dr T P singh Dr S K Gautam Dr Peeyush Rai
10:20 - 11:00 AM	SESSION 2 -HEMATOLOGY		
10:20 - 10:40 PM	ITP	Dr Kundan Mishra	Dr Smita Gupta Dr Nilesh Kumar Dr Priyanka Aggarwal Dr Anju Bharti Dr Brijesh Chaudhary
10:40 - 11:00 PM	Advancing Hemophilia A Care	Dr S. P. Verma	Dr Vineeta Gupta Dr G S Singh Dr Manoj Kumar Srivastava Dr Sandeep Kumar Dr Hariom

11:00 AM - 12:00 PM	SESSION 3 - ORATION		
11:00 - 11:30 AM	ML MITTAL ORATION "53 YEARS IN A CRUCIBLE"	Orator: Dr Anup Kumar Thacker	Dr Shyam Sundar Dr Jyotirmoy Pal Dr S C Chaudhary Dr K K Sawlani
11:30 AM - 12:00 PM	PRESIDENTIAL ORATION	Orator: Dr Sanjay Tandon	Dr G Narsimulu Dr Kamlakar Tripathi Dr Veerendra Singh Dr Richa Giri
12:30 - 1:30 PM	INAUGURATION CEREMONY		
1:30 - 2:30 PM	Lunch + Poster Presentation		
Time	Topic	Speaker	Chairperson
2:40 - 3:00 PM	SPONSORED SESSION		
2:40 - 3:00 PM	Role Of Imeglimin In Mitochondrial Dysfunction And Imeglimin : A Powerhouse Approach In Type 2 Dm Management	Dr Ajay Shukla	Dr D P Singh Dr Rajiv Gupta Dr Dilip Chaurasia Dr Anil Upadhyay
3:00 - 4:00 PM	SESSION 4 - INFECTIOUS DISEASES		
3:00 - 3:20 PM	Infection In Diabetes	Dr Neha Gupta	Dr Akhilesh Kumar Singh Dr Saurabh Pandey Dr Anju Dinkar Dr Abhijeet Gupta
3:20 - 3:40 PM	Rickettsiosis In India An Emerging Problem	Dr George M Varghese	Dr V B Singh Dr S.K. Sonkar Dr Abhishek Kumar Dr Mahima Yadav
3:40 - 4:00 PM	Travel associated febrile illness ?	Dr Nandani Chatterji	Dr S K Pathak Dr Nanak Saran Dr Satish Joshi Dr D Himanshu Reddy Dr J K Joshi
4:00 - 5:20 PM	SESSION 5 - MISCELLANEOUS		
4:00 - 4:20 PM	When to Stop Antiepileptic Drugs ?	Dr Rakesh Bhadade	Dr Niti Singh Dr M. S. I. Siddiqui Dr Anand Rai Dr Vaibhav Shukla
4:20 - 4:40 PM	Approach To Chronic Diarrhoea	Dr Ritu Karoli	Dr Kailash Chand Lohani Dr Vinod Kumar Yadav Dr Vinod Kumar Singh Dr Nirmala Matanhelia

4:40 - 5:00 PM	LAI ASCVD Risk Calculator: Initial Experience from India	Dr Raman Puri	Dr H D Singh Dr Alok Kumar singh Dr Soumik Ghosh Dr Ashish Jaiswal
5:00 - 5:20 PM	Diabetic Lung	Dr Ravi Kant	Dr Monica Gupta Dr Ashish Dr Mohit Bhatia Dr R K Mehrotra
5:30 - 6:00 PM	Prof. G.P. Elhence Quiz (for All Registered Delegates)	Moderator : Dr Abhishek Pandey	
6:00 - 6:30 PM	GENERAL BODY MEETING		
7 PM Onwards	GALA DINNER		
DAY 1 HALL B 26th September 2026 (Saturday)			
Time	Topic	Speaker	Chairperson
2:00 - 5:50 PM	SESSION 6 - WORKSHOPS		
2:00 - 3:00 PM	Fibroscan	Dr Anurag Tiwari	Dr Alok Rai Dr Manoj Kumar Dr Medhavi Gautam Dr Amit Bhaskar Dr Ajit Singh
3:00 - 4:00 PM	Workshop 1 Abg Interpretation A Practical Approach	Dr Atul Tiwari	Moderators: Dr Meenakshi Jain Dr Ghanshyam Yadav Dr Nimisha Verma Dr Kavita Meena
4:00 - 4:30 PM	Role of NGS Testing in Leukemia	Dr Prakhar Gupta	Moderators: Dr Rajendra Prasad Dr Jairam Dr Rajiv Shrivastav Dr Shruti Mishra Dr Linet Khakha
4:30 - 5:30 PM	Workshop 2 POCUS For Physician Basic To Bed Side Application	Dr Rajesh Meena	Dr Ashish Verma Dr Pramod Dr Kumar Rahul Dr Ishan Kumar
5:30-5:50 PM	PCV20: A New Armamentarium To Battle Against Pneumococcal Disease	Dr Santosh Kumar Singh	Dr Anil Kumar Saroj Dr Atul Tiwari Dr Sanjeev Kumar Dr Manish Kumar
6:00 - 6:30 PM	GENERAL BODY MEETING (In Hall A)		
7 PM Onwards	GALA DINNER		

DAY 2 HALL A 27th September 2026 (Sunday)			
Time	Topic	Speaker	Chairperson
9:00 - 9:40 AM	SESSION 1 -RHEUMATOLOGY		
9:00 - 9:20 AM	Spondyloarthritis	Dr Vikash Agrawal	Dr Deepak Gautam Dr Lalji Yadav Dr Ranjan Bhatnagar Dr Abhijeet Kunwar
9:20 - 9:40 AM	Update on Rheumatoid Arthritis	Dr Uma Kumar	Dr Manaswi Chaubey Dr Shubham Srivastav Dr Rajesh Pandey Dr Bitan Nayak
9:40 - 11:00 AM	SESSION 2 -NEPHROLOGY AND ENDOCRINE		
9:40 - 10:00 AM	Approach To Proteinuria	Dr Sant Pandey	Dr D K Sinha Dr Dinesh Lalwani Dr Sana Shadab Dr Siddharth Madhani
10:00 - 10:20 AM	Fatty Liver "MASLD" : Role of Saroglitazar	Dr Shailendra Kumar Singh	Dr A K Gupta Dr R N Bajpai Dr Alankar Tiwari Dr Ritesh Kumar
10:20 - 10:40 AM	Approach to Erectile Dysfunction	Dr Ved Prakash	Dr Shailendra Kumar Singh Dr Abdullah Dr Abhishek Abhinay Dr Lalit Agarwal
10:40 - 11:00 AM	Remission in Diabetes Hope or hype	Dr Varesn Nagrath	Dr Ajay Pandey Dr Indraneel Basu Dr Jigyasu Singh Dr F B Singh
11:00 - 11:30 AM	MP MEHROTRA ORATION : Management of Sarcopenia in clinical practice: Recent Advances	Orator : Dr Saibal Chakravorty	Dr Atul Mehrotra Dr Kailash Kumar Dr A K Singh
11:30 AM - 1:30 PM	SESSION 3 -MISCELLANEOUS		
11:30 -11:50 AM	Protein Engineering for Reduced Insulin Burden: The Advent of Icodec	Dr Kausar Usman	Dr Madhukar Rai Dr Vijay Kumar Dr Jitendra Singh
11:50 AM - 12:10 PM	Approach to Restless leg syndrome	Dr Princi Jain	Dr O P Tiwari Dr R N Chaurasia Dr Anand kumar Dr Harsit Jain

12:10 - 12:30 PM	Interpretation Of LFT In Pregnancy	Dr Devesh Yadav	Dr Sakshi Agarwal Dr Sikha Sachan Dr Mamta Dr Deepa Rani
12:30 - 12:50 PM	Approach to Headache	Dr Abhishek Pathak	Dr Dhiraj Kishore Dr Varun Kumar Singh Dr Pankaj Gupta Dr Vaibhav Mishra Dr Sunil Sharma
12:50 - 1:10 PM	Approach to ILD	Dr Rajiv Garg	Dr G N Shrivastav Dr Sashi Nath Pandey Dr Siva Sailraj Dr Granth Kumar Safai Dr Q Akhtar
01:10 - 01:30 AM	Approach to Kidney Dysfunction and damage associated with Hyperuricemia	Dr Yogesh Kumar Gaur	Dr P K Rai Dr Tribhuwan Gupta Dr Satish Kumar Dr Ajit Kumar Dr Munesh Gupta
2:00 - 2:30 PM	VALEDICTORY FUNCTION		
DAY 2 HALL B 27th September 2026 (Sunday)			
Time	Topic	Speaker	Chairperson
8:00 - 10:00 AM	SESSION 4		
8:00 - 9:00 AM	NN GUPTA AWARD		Judges : Prof. Richa Giri Prof. Nilesh Kumar Prof. Manaswi Chaubey Prof. Ranjan Bhattnagar
9:00 - 10:00 AM	SN GUPTA AWARD(GASTROENTEROLOGY AWARD)		Judges: Prof. S K Gautam Prof. R N Meena Dr Rajeev Verma Dr Anurag Tiwari Dr Jitendra Singh
11:00 - 11:30 AM	MP MEHROTRA ORATION (Hall A)		
11:30 - 2:00 PM	ORAL PRESENTATION		
2:00 - 2:30 PM	VALEDICTORY FUNCTION (Hall A)		

Conference Secretariat:

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